

Prayer No.3
PRAYER FOR FORGIVENESS

Dear heavenly Father, I thank You for Your love and kindness toward me. It is Your kindness that has led me to repentance, turning from all my sinful ways and turning to You. I admit that I have not been kind, patient and loving to others when they have offended me. I have allowed bitterness and resentment to grow in me, separating me from others and You, Father. At times, I have forgotten this unforgiveness in my heart. This unforgiveness festers deep within me, at times beyond my conscious reach. This affects every aspect of my life and gives the enemy a right to torment me as stated in Matthew 18. I confess that this unforgiveness and bitterness is affecting my life and relationships today. Because of these past hurts, I acknowledge the inability to love or trust others to any depth. I understand that forgiveness is not an emotion but an act of my will. I now choose to exercise my will to forgive others as You, Father, have forgiven me. Father, I know that You are a searcher of the heart. I ask You to search my heart. Reveal to me any hidden and secret unforgiveness or bitterness toward others that have hurt or offended me. I choose not to be ruled by a spirit of bitterness. I choose to forgive and have a spirit of peace and love in my heart. I repent, forgive and release these people right now. I ask You, Heavenly Father, to forgive me and restore me as I forgive those who have offended me. Jesus promised that the Holy Spirit would bring everything to our remembrance. Dear Holy Spirit, I am asking You to bring to my remembrance anyone I have to forgive and I will forgive them in Jesus' name. Amen.

Lord, I Forgive _____ (Name The Person) _____ For (verbally share every hurt and Pain the Lord brings to your mind and how it made you feel.) _____

After you have forgiven every person for every painful memory, then finish this step by praying:

Lord, I release all these people to You, and I release my right to seek revenge. I choose not to hold on to my bitterness and anger, and I ask you to heal my damaged emotions. In Jesus' name, I pray Amen.